

LUTHER HOUSE GAZETTE

VOLUME 23, ISSUE 11 November 2025



Autumn's Country

By Ethel Romig Fuller (1883 - 1965)

This is Autumn's County, We are riding through. Stuble fields, pale golden; Sky, wild-aster-blue.

Goldenrod and rose haws by the dusty road; Water trickling wanly where springs freely flowed.

Smoke from the hillside clearings, Tantalizing hints of orchard spices and quince.

Red leaves on the maples, Purple clustered vines.
This is Autumn's Country.

November Activities:

Humana Bingo: Monday, November 17th 4:00 PM with Matt Thompson

Hymn Sing sponsored by Toughkenamon Church every 2nd Thursday at 2pm LH III lower level activity room.

Bingo every Thursday in LH II activity room from 6 to 8pm.

Bingo every Friday in LH III lower level activity room from 6 to 8pm.

Catholic Communion is offered Sunday mornings in all buildings sponsored by Assumption BVM Church.

Rosary every Thursday in LH I - 10a to 10:45a, LH II - 10:45 to 12. Sponsored by Assumption BVM.

Knitting & Crocheting Group Open to all residents and guests. Meets every Tuesday from

10 am to Noon in Luther House II - Activity Room. No experience necessary - we'll teach you!

Let's Play Cards: Thursday afternoons 1:00 PM Building IV Contact: Virginia Ritchie 302-945-3457

Saint Michael's Day of Service is Saturday, November 22nd starting at 11:00 AM. Have you contacted Ann Marie to register your service need for that day? Transferring items to storage units, cleaning screens, hanging pictures, and organizing cabinets are some of the possible ways they can assist you.



. Medicare Open Enrollment happens from October 15 – December 7 and is the time each year when you can make changes to your coverage. The changes you make during Open Enrollment are effective January 1 of next year (the plan must get your enrollment request by December 7).

There are over 90 millions seniors who had plan terminations this year. Local brokers have over 400 clients

not terminating, Licensed broker Jeff Dodds recommend you sit tight for January. Anyone with a HMO or PPO can still make changes January 1^{st} – March 31^{st} . And frankly, the system is overwhelmed right now.

If you are looking for health care answers, look for an independent broker. These people get paid by Medicare, not a specific insurance agency and provide unbiased options. Reputable brokers in our area include:

- > Adam Krassen 484.712.5620
- ➤ Jeff Dodds: 610-506-889 and his son, Joshua Dodds 610-909-5949
- Carter Choma 610-972-6056
- Center for Medicare Services Plan Info: 610-756-9238
- Center for Medicare Services Helpline: 610-506-8892
- Here are some figures in Pennsylvania of the number of people getting termination letters:

Medicare Advantage 2026 AEP Terminations

Independence Blue Cross – 37,000 members

Plan Name	Estimated Enrollment
Personal Choice 65 Prime Rx PPO	26,512
Personal Choice 65 Elite Rx PPO	10,442

- United Healthcare PA-0013 PPO 12,000 to 15,000 members
- Cigna In Pennsylvania, Cigna is expected to terminate several Medicare Advantage PPO plans for 2026, impacting an estimated 8,000 to 12,000 members statewide.
- Aetna 15,000 statewide in older low enrolled PPO plans.
- Humana 3,000 5,000 in PA-5 regions.

American Insurance Group LLC

LUTHER HOUSE GAZETTE

Four Regular Health Tests Every Senior Should Perform

As you age, your body begins to change and your immune system function often starts to decline. One of the best things you can do to prevent or treat these illnesses is to catch changes in your body as early as possible. And, the best way to catch these changes is to make sure you're performing these four health tests on a regular basis.

- 1. Blood Pressure Test High blood pressure is often referred to as a silent killer. People with high blood pressure often do not present any symptoms and may not even know their pressure is elevated until after they've experienced a serious incident like a heart attack or stroke. Having your blood pressure checked once a year is not sufficient for letting you know whether or not you are at risk of a stroke or heart attack. After all, your blood pressure reading can vary depending on factors like your emotional state or whether or not you're talking during the test. Older adults can get the most accurate data by measuring their blood pressure at the same time every day. This can give you a good idea of your baseline, and you'll notice increases or drops much quicker than you would if you waited until your next checkup.
- **2.Temperature Measurement -** If you're a senior, it's also a good idea for you take your temperature with a thermometer on a regular basis. Seniors are more susceptible to colds, influenza, and other illnesses that can be accompanied by a fever. But, a fever often looks different for seniors than it does for younger individuals. A temperature of 98.6 degrees Fahrenheit is typically considered average. However, most seniors naturally have an average body temperature that is a bit lower. If seniors aren't aware of their normal temperature, they might develop a fever without realizing it, which could cause them to wait to seek treatment until it's too late.
- **3. Dental Exams** Many seniors take medications that are known to negatively affect their dental health. Some common ones include: Diuretics, Antihistamines, Antidepressants, Statins, Anticoagulants, Antibiotics, Thyroid medications, Diabetes medications. In addition to taking potentially problematic medications, many seniors also are guilty of skipping cleanings altogether, often because they can't drive themselves to their appointments or because they no longer have dental insurance after retirement. Regular dental screenings (every six months) are essential for seniors to help them avoid cavities, tooth decay, and gingivitis. These conditions can be quite painful, and they also increase the risk of developing other issues like heart disease, pneumonia, and diabetes.
- **4. Bone Density Scans** Finally, seniors should also receive regular bone density scans since they face an increased risk of developing osteoporosis, which occurs when the bones become weaker and more prone to fractures. Bone density scans do not need to be performed as frequently as the other tests mentioned above. The frequency will vary depending on your test results. For example, if you are considered to have moderately low bone density, you will need to have your next test performed in five years. But, if you're considered to have borderline osteoporosis, you'll need to be tested again in a year.

Performing these four tests (or having them performed) regularly can help you stay on top of your

Good Neighbor Reminders: Wawa provides free breakfast sandwiches to residents. The Community Room freezers in each building have a variety of sandwiches. Take a few home for a breakfast –for-dinner or a quick meal.

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Tips for Preventing Seasonal Depression (SAD)

Because Seasonal Affective Disorder (SAD) is a form of depression, it needs to be addressed by a mental health professional. Your doctor will be able to sort out whether you have SAD as opposed to some other form of depression." If you have SAD, a professional can help you identify the condition and work through it.

Preparation for the summer-to-fall transition isn't limited to wardrobe updates or getting your home ready for the new season. Consider preparing your mind, too. Regularly allotting time for mood-boosting activities can help people feel physically and psychologically healthier. It's better to set yourself up for the winter season by starting in the fall season. Doing enjoyable activities, initiating friend group chats and outings, choosing fun hobbies, and engaging in clubs or community service. Regularly taking part in these activities ahead of time is much easier than trying to start from scratch once the winter blues have already set in, she adds.

Bright light therapy involves exposure to artificial light to keep one's circadian rhythm on track. One way to try bright light therapy is to use a light therapy box. Also known as phototherapy boxes, these devices give off light that mimics sunshine and can help in the management of SAD. The light from the therapy boxes is significantly brighter than that of regular light bulbs. Experts usually recommend using the light box within the first hour after you wake up in the morning. Although often safe and effective, light therapy boxes are not regulated by the U.S. Food and Drug Administration (FDA). Be sure to talk with your doctor about whether a light therapy box is right for you.

Dawn simulators can help some people with SAD. These devices are alarm clocks, but rather than waking you abruptly with beeping or loud music, they produce light that gradually increases in intensity, just like the sun. Different models of dawn simulators are available, but the best ones use full-spectrum light, which is closest to natural sunlight. Researchers behind an older study found that dawn simulators were as effective as light therapy for people with mild SAD.

If light therapy or psychotherapy don't completely relieve your symptoms, prescription antidepressants may help you overcome seasonal depression. It's important to recognize when the symptoms of SAD start, and to see your doctor for a prescription before they escalate

Prioritize Social Activities. Research has found a causal relationship between social isolation and depression. Periods of isolation can have a long-term psychological impact on people, including symptoms of depression and post-traumatic stress disorder (PTSD). Find ways to stay connected with others.

Stick to a schedule. People who live with SAD often have trouble sleeping at night and getting up in the morning. A regular sleep schedule often improves sleep and alleviates symptoms of seasonal depression. Keeping a regular schedule will also expose you to light at consistent and predictable times which is beneficial for your circadian rhythm. And eating at regular intervals can help you avoid overeating.

Let the Sunshine In. If you have seasonal depression or wintertime SAD, you'll want to get outside as much as you can during the day to take advantage of what sunlight there is. On cold days, bundle up and take a stroll around the block. Additionally, when you're indoors, keep your blinds open to let in as much natural light as you can.

Take a Vacation or 'Staycation' A winter vacation to warmer climates can improve symptoms of SAD by helping you escape cold and overcast skies. Even a short break from your daily routine in a sunny place can be helpful. If budget is a challenge, consider planning a staycation instead. Spend more time outside, while also finding ways to experience typical vacation activities within your own home and community.

People may drink more for many different reasons during times of stress or sadness. When someone is feeling 'down' they are more likely to drink alcohol, but drinking causes further depression, hence the downward spiral.

Writing down your thoughts can have a positive effect on your mood. It can help you get some of your negative feelings out of your system. Journaling works by helping you prioritize life's problems, identify your depression triggers, and find better ways to control them. Include your thoughts, feelings, and concerns when you journal. A good time to do so is at night so that you can reflect on your day.

Vitamin D deficiency may be a risk factor for depressive symptoms. Low levels of vitamin D have been found in people with SAD. Ensuring you get enough sunlight during the day and incorporating vitamin D-rich foods into your diet is a great idea. Talk to your doctor about testing your vitamin D levels and whether supplements would be right for you.

Good Neighbor Reminders:

Note: trash bags often break when dropped down trash chute; therefore all trash must be double bagged and tied then placed down the trash chute or placed in the trash bins. Wet garbage must be triple bagged and tied.

Do not park in front of the front doors except (briefly off to the side) to empty your vehicle. Parking in front of the door blocks the ramp access for wheelchair & walker users; and also, blocks emergency vehicles from administering to a resident in a medical emergency. There is no parking allowed on the grass near the garden.

Pets ARE NOT ALLOWED in the parlor, activity room, library, computer room, trash room or laundry room. When they are in the hall, they may be leashed. It is part of the House Rules and can

Are You a Fall Risk When Alone?

Don't be caught off guard. An emergency can happen at any time. If you are alone while taking a walk, when you are alone in the storage room, etc. Potential ideas to keep you safe: be sure you have your cell phone with you particularly when you go somewhere alone, ask someone to go along with you, call a friend - tell them where you're going and when you are expected to be back. Ask them to check on you at your expected return time. Emergency pendants can only reach so far. Be prepared.

Pest Control Schedule: 11/6/2025 2nd floor Building I 11/13/2025 2nd floor Building II

11/20/2025 2nd floor Building III 11/28/2025 2nd floor Building IV



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Did You Know -

Winds on Neptune can blow faster than 1,200 miles an hour.

The Caesar salad was invented in 1924.

The sun is about 400 times larger than the moon.

The average person blinks 14 to 17 times per minute.

90 % of the world's population lives in the Northern Hemisphere.

Honey doesn't spoil.

Central Park in New York City is larger than the entire country of Monaco.

Over 60% of the world's lakes are located in Canada.

The International Space Station orbits Earth approximately every 90 minutes.

Somewhere between 50% and 80% of earth's living organisms are in the ocean.

Australia is wider than the moon.

Spotlight on Resources

Community HealthChoices (CHC) is Pennsylvania's mandatory managed care program for individuals who are dually eligible for Medicare and Medicaid (medical insurance coverage through the PA ACCESS card). Office of Long-Term Living (report problems) 1-800-757-5042. Independent Enrollment Broker (plan options, whether providers are in network enroll in or switch plans) 844-924-3655. PA Department Health (customer service) 877-395-8930. PA Health Law Project (free legal advice accessing public healthcare coverage and services / understanding rights in CHC, problems with CHC, denied service) 800-274-3258.

- AmeriHealth Caritas Community HealthChoices, 1-855-235-5115, Personal Care Connector: 1-855-332-0116, Complaints and Grievances: 1-855-235-5115, Fax: 1-855-332-0141, Email: pamemberappeals@amerihealthcaritas.com
- Keystone First Community HealthChoices, 1-855-332-0729, Personal Care Connector: 1-855-349-6280, Complaints and Grievances 1-855-332-0729, Fax: 1-855-332-0141, Email: pamemberappeals@amerihealthcaritas.com
- PA Health & Wellness, 1-844-626-6813, Complaints and Grievances 1-844-626-6813, Fax: 1-844-873 -7451
- UPMC Community HealthChoices, 1-844-833-0523, Personal Care Connector 1-833-672-8078, Complaints and Grievances 1-844-833-0523, Fax: 412- 454-7920

House Keeping services are available at a reduced cost through Kendall Crossland Helping Hands call 610-388-5623. Income eligibility requirements are not to exceed \$24,900 for a single person, and \$25,500 for couples.

"My Pet is Home Alone" sticker (to be placed on the outside of your door) or card (to be placed in your wallet) in case of emergency, may be obtained. Call 610-869-4240 ext. 111. 610-869-4240 extension 111.

The Kitchen Corner - Tips

Pound out a chicken breast - Place the chicken between two sheets of plastic wrap that I've moistened with a bit of water. Use a meat mallet. Starting with the thickest part of the chicken, start to pound on the chicken gently (if you go too hard you may just pulverize rather than flatten the chicken). Move each strike slightly; working from the center, out towards the edges of the breast. When you get to the outside, start over at the center and move in another direction. Repeat that process until you've gotten the chicken to the desired thickness.

Maintain Your Cutting Board - Regular maintenance of your cutting board is essential for hygiene and longevity. Oiling your board prevents it from absorbing odors and liquids, which can lead to bacterial growth and unpleasant smells. Use food-grade mineral oil or a specialized cutting board oil to keep the wood conditioned and water-resistant. Apply the oil at least once a month. Proper care of your cutting board also involves cleaning it correctly after each use. Avoid soaking wooden boards in water or putting them in the dishwasher, as this can cause them to warp and crack. Instead, wash them with warm, soapy water and dry them thoroughly. By taking good care of your cutting board, you ensure that it re-

Scam Alert

Telephone Scammers are getting more sophisticated in ways to take your money and personal identification. Scammers tell you to hurry—they don't want to give you time to check the information they give you. Scammers tell you HOW to pay—gift cards are never accepted to pay a bill for someone. NEVER answer YES to an unknown number. A recording of your voice saying that word can be used in

countless scams.

If someone texts you saying they want to share a new recipe they've tried verify the name of the person and that it is someone you know who lives near you.

Have a safe word or phrase that can be used to identify grandchildren or family members. Scammers have tried to say relatives are in danger and need money sent for their return. If you say "I'll get the money from Uncle Ernie," (or another agreed upon name) but you know your family doesn't have a relative with that name, you can vet a true call from a scammer.

Happy Thanksgiving to You!



Penn Township Community Events Schedule

Letters to Santa Program – November 24, 2025 until December 18, 2025

Mail your Santa letters at Penn Township and receive a personalized response back from Santa.

Santa's Workshop – Sunday, December 13, 2025 2 PM – 6 PM Pictures with Santa!

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By the Garden Gate - Ways to Use Lavender Around The Home & Garden

I'm a fan of walking in the garden every day, especially in the late afternoon when the sun warms the plants so that all manner of herbal and vegetal smells greets you. With just the slightest brush of your fingers, the natural oils in the sun-warmed plants perfume your skin. Its mild, floral flavor makes it perfect for baking. And it's anti-inflammatory, and antiseptic properties make it a useful plant to have around the house. The color you get when you make lavender simple syrup just begs for it to be made into cocktails or added to whipped cream or icing.

Growing lavender is relatively easy. It prefers well-drained, sandy soil and lots of sun like the Mediterranean climate where it comes from. You can even grow it in containers indoors. There are numerous varieties of lavender that produce tight, compact flower buds on long silvery-green stalks. English and French lavender are quite popular and are the most commonly used for scenting things and cooking. And when it's time to harvest, you can easily dry the lavender to store and use throughout the year.

Let's look at all the ways you can use lavender in your kitchen, garden, and around your home.

- 1. Lavender Soap Whether you use the dried flower buds or homemade lavender essential oil, you'll end up with a wonderfully scented bar of soap.
- 2. Pest Control in Your Garden -Grow several lavender plants around your garden border. The strong smell of lavender makes it harder for deer to smell the tasty vegetables they like to nibble in your garden.
- 3. Lavender Sachets for Natural Moth Control Lavender sachets are easy to make, smell wonderful, and keep your clothes safe from moths. Fill tiny fabric bags with dried lavender and tuck several in with your fine woolens, hang a few in your closet, and toss a few in your dresser drawers.
- 4. Lavender-Infused Massage Oil Lavender has many health benefits. It's anti-inflammatory, antiseptic, and its scent is calming, making it a popular choice for aromatherapy. To make your own lavender-infused massage oil add 3-4 tablespoons of dried lavender buds to 8oz. of a carrier oil such as apricot seed, jojoba, or grapeseed oil in a sterilized jar. Keep in a warm dark place for 4-6 weeks. Give the jar a shake occasionally. Strain the oil into a clean, sterilized jar. Once it's finished, you can do so much with it add this lovely oil to your bath, rub it on an itchy scalp, use it on bug bites, or rub some on your temples to soothe tension headaches.
- 5. Lavender Essential Oil Make lavender essential oil without the hassle of distilling. All you need are dried lavender buds, some cheap grain alcohol, a mason jar, coffee filters, and some time. Once you've made your lavender oil, you can use it in many of the items on this list, from soap to linen spray.
- 6. Linen Spray Spray your linens for a great night's sleep. Lavender is well known for its soothing effect. Combine in a clean spray bottle:1 cup of distilled water, 3 tablespoons of vodka, 10-20 drops of lavender essential oil, based on how strongly scented you want your spray to be.
- 7. Lavender Bath Salts -The combination of Epsom salts and calming lavender will set you at ease. Combine one cup of Epsom salts with ¼ cup of dried lavender buds. Mix well and store in an airtight container like a mason jar. For a restful night of sleep, dissolve a handful of the bath salts into a bath of warm water shortly before bed.

The magnesium in the Epsom salts and the soothing lavender will have you relaxed and ready for bed in no time.

Cooking with Lavender

- 8. Lavender Shortbread Cookies Dried lavender buds are a fantastic addition to this wonderful cookie. Make a batch for your next tea with friends.
- 9. Lavender Tea Pour one cup of boiling water over one or two teaspoons of dried lavender buds. Let steep for four or five minutes and then strain and serve; if the tea is too strong, steep for a shorter time next time.
- 10. Lavender-Infused Honey Aside from tasting absolutely wonderful, lavender-infused honey is also a great way to soothe a scratchy throat. Make some honey now, so it's ready for the flu and cold season. Be sure to use a dry, sterilized jar. Add in ¼ cup of dried lavender buds. You want to be sure the lavender is completely dry. Any moisture will cause the honey to begin to ferment. Warm one cup of honey and pour it into the jar over the lavender buds. Let the honey infuse in a warm, dark place for several weeks. Once the honey has infused gently warm the jar of honey and strain out the lavender. Pour the finished lavender-infused honey into another dry, sterilized jar.
 - 11. Lavender Simple Syrup Add it to iced tea and club soda. Add a bit to glaze for scones.
- 12. Lavender Lemonade Lavender takes plain lemonade and turns it into something truly delightful. Depending on the type of lavender you use, you can sometimes get a very pale lilac-colored lemonade.

With so many fantastic uses for this popular Mediterranean flower, you'll want to plant several varieties around your home. Consider putting a pot on a sunny windowsill. And if you can't grow your own lavender.

Service of Remembrance Wednesday, November 12th 7:00 PM Building III Community Room



Looking for Art Work and Recipes for the Gazette

Looking for your favorite recipes or personal artwork (paintings, photography, knitting, wood working, quilting, drawing, etc. to be featured in future Gazettes. Call 610-869-4240 x. 111

Save the Date -11/5 Tech Owl Session Room 11:00 AM Learn free state independent longer including caption low tech items to try before you use.



Luther House III Community resources that can help you stay telephones, 3 D printed items, and

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The History Page - Local History (part 21)

Penn Township

Penn Township was formed by a division of Londonderry, in 1817. The greater part of it was originally included in Fagg's Manor, and the settlers were largely from the north of Ireland. Among those who originally took up lands were John McKee, Daniel McClane, George Miller, Henry Charlton, Samuel Fleming, Hugh Luckey, Robert Brown, James Strawbridge, John McGrew, Matthew Harbeson, Richard Carson, Thomas Province, John Hayes, William Young, William Finney and William Graham.

The southern line of Penn Township, separating it from New London, was the southern line of Fagg's Manor. In 1875 the line between Penn and Londonderry Townships were partly altered, so as to include in Londonderry a small portion of Penn. This was done for the accommodation of the school districts.

Fagg's Manor

About the year 1702 some surveys were made to the west of the London tract, as Londongrove was then

called, for Letitia Penn and her brother William. This land, however, was so far beyond the regular settlements that nothing could be done towards selling it to actual settlers, and so it remained for many years. There were 2 tracts of 5000 acres each, although there is some evidence that Leticia's, which lay nearest to the London tract contained at first 7125 acres. Her tract was called Fagg's Manor, in honor of Sir John Fagg, and the name has been handed down to the present time, being more particularly kept alive by the Presbyterian church, which is situated near the NW corner of the



manor. The manor was resurveyed by warrant dated April 5th, 1737 and a patent for the same signed by Thomas Penn the following May.

The land in Fagg's Manor was divided among the settlers into many tracts, and the divisions numbered on a plan of the whole, but with a few exceptions, the settlers did not pay for the land or get deeds for the same for several years after, and in the meanwhile the improvements passed from one owner to another, so that the deeds in many cases were not granted to the original settlers.





Union Fire Company

Oxford Hotel

The Origin of Phrases

Can't hold a candle - dates back to the 17th century. An apprentice who was not even skillful enough to hold a candle for his master - worthless as an apprentice

Break the ice - Dating back to the 17th century, writer Samuel Butler used the expression in the poem Hudibras which read: "...At last broke silence, and the Ice."

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Please REMEMBER OUR TROOPS

in your thoughts and prayers, and especially:



My Favorite Recipe Butternut Squash Soup By Constance Crissman



Grandparent's Corner -

Parents make charts.
Grandparents just say "I'll do it, go play!"





November is a time to remember people close to our hearts that we have lost. This month we are highlighting a photographer's model from the 1930'a, Jennie Peterson Mattson. Jennie was born in 1916 and modeled along the East Coast, primarily for a Downingtown based photographer. This woman became the mother of Building II resident, Joan Shavor.

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Photography by Judy Martorana





Happy Birthday November December

Luther House Information

Office Hours:

Monday-Friday 8:00 A.M. to 5:00 P.M.

Telephone: 610-869-4240 or TTY/TDD AT 7-1-1 to connect through the PA Relay Service for Hearing Impaired

www.lutherhousepa.org





After hour maintenance emergencies, please dial:

610-869-4240 ext. 0

Luther House is an equal housing opportunity organization providing housing regardless of race, color, religion, sex, handicap or national origins.

Articles are due by the 24th for next month's publication.

Diane Berquist, and Ann Marie Barr reporters and layout & activity calendar

1	Martina Medina I		
	Marsha Smith	II	
5	Paul Rzucidlo	III	
	Mary Lex I		
7	James McGlensey		II
8	Jane Kramer	I	
9	Anita Wilson	IV	
17	George Westley		II
19	Maria Cruz	III	
21	Trudy Rodriguez		IV
22	Joan Martin	III	
	Robert Ritter	II	
24	Gloria Lee III		
	Carmelo Santia	go	IV
26	Joan Paxton	I	

27 David Gardner IV

Mireya Silva

ven when you know they can't help you back.

28 Shirley (Selma)Billheimer IV

Joan McIlvain	III
Julia Lester	IV
Margaret Gentry	III
Sara Deatoin	III
Miguel Morales	I
Gail Bauer	I
Phyllis Sunderland	IV
Lawrence Cromwell	1
Judith Counts	IV
Alejandro Crespo	I
Raymond Feliciano Reyes	Ш
Irmgard Devon	IV
Robin Angelucci	Ш
Ruth Smith	IV
Betty Frabutt	Ш
Anna Greer (100)	Ш
Antoinette Decenzi	Ш
Samuel Wilson	I
Catherine Spevak	Ш
Joan Arnold	IV
Kathleen Allen	I
Richard Martin	Ш
John Ellsworth	Ш
Ronald Mitchell (93)	Ш
Gladys Guzman-Pizarro	I
Mary DeStafney	Ш
Carol Henderson	Ш
	Julia Lester Margaret Gentry Sara Deatoin Miguel Morales Gail Bauer Phyllis Sunderland Lawrence Cromwell Judith Counts Alejandro Crespo Raymond Feliciano Reyes Irmgard Devon Robin Angelucci Ruth Smith Betty Frabutt Anna Greer (100) Antoinette Decenzi Samuel Wilson Catherine Spevak Joan Arnold Kathleen Allen Richard Martin John Ellsworth Ronald Mitchell (93) Gladys Guzman-Pizarro Mary DeStafney

Veronica Martin

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